



Matthew Cavanaugh

Associate

Contact

Minneapolis

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Overview

Matthew Cavanaugh focuses his practice on addressing the full range of litigation risks businesses of all types might encounter in the course of normal operations or due to unforeseen and complicated circumstances. He provides thoughtful and aggressive advocacy to achieve favorable outcomes in state and federal courts, as well as pursuing alternative dispute resolution when beneficial. This includes an intentional focus on strategies to win or favorably resolve disputes while avoiding potentially lengthy and expensive litigation proceedings.

In addition to his legal work, Matthew brings a beneficial background in health care work. He previously spent time in clinical research on complex trials at Boston Children's Hospital and the Dana-Farber Cancer Institute, where he worked with both regulators and the private sector. During law school, he worked in research for the Public Health Law Center in St. Paul.

Matthew obtained his undergraduate degree from the University of Maine and later went through a post-baccalaureate health careers program at Harvard Extension School. He earned his Juris Doctor from the University of Minnesota Law School.

Education

- University of Minnesota School of Law, 2021 (J.D.), *cum laude*
- University of Maine, 2011 (B.A.), *magna cum laude*

Bar Admissions

- Minnesota, 2021

Court Admissions

- U.S. District Court for the Central District of Illinois

Distinctions

- *Best Lawyers in America, Ones to Watch*, 2025–2026
- *Minnesota Super Lawyers, Rising Stars*, 2025

Related Experience

Clerk Experience

- Hon. Tracy Smith, Minnesota Court of Appeals, 2021