

Spencer Fane®

Jeremy M. Brenner

Partner

Contact

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Overview

Jeremy Brenner advises employers and managers on all aspects of employment law focused on preventing and avoiding employee disputes. He has served as a strategic business partner to employers for more than 16 years, both as an HR consultant and as an employment attorney. He focuses extensively on cases under the Fair Labor Standards Act (FLSA) and similar state wage laws and has successfully defended wage and hour matters in state and federal courts across the U.S.

A seasoned litigator, Jeremy has achieved favorable outcomes for misclassification, overtime, and minimum wage collective and class actions under the FLSA and other state laws and has adeptly navigated numerous U.S. Department of Labor investigations. He also represents employers and managers in administrative charge processes and other contentious state and federal litigation, including defending discrimination, wrongful termination, harassment, retaliation, and Family Medical Leave Act claims.

Additionally, Jeremy handles employee issues that arise from mergers and acquisitions, providing guidance to both buyers and sellers at all stages of the M&A life cycle. This includes conducting due diligence, reviewing and preparing employment agreements, and assisting with post-closing integration.

Jeremy's diverse industry experience spans auto repair and dealerships, retail and restaurants, cannabis, cable and satellite, health care, software, manufacturing, and oil and gas. He is a frequent writer and speaker on employment law and human resource topics, which help employers and managers prevent disputes.

In addition to his employment law practice, Jeremy notably serves as outside corporate counsel and outside employment counsel to several nonprofits dedicated to early education and children's health and wellness.

Education

- University of Missouri School of Law (J.D.)
- Washington University (B.S.)

Bar Admissions

- Missouri
- Illinois

Court Admissions

- U.S. District Court for the Eastern District of Missouri
- U.S. District Court for the Western District of Missouri
- U.S. District Court for the Northern District of Illinois
- U.S. District Court for the Central District of Illinois
- U.S. District Court for the District of Colorado
- U.S. District Court for the District of Kansas

Community Involvement

- Tower Grove Park, Board of Commissioners, 2025-present
- Ronald McDonald House Charities of St. Louis, Board of Directors, 2025-present; HR Committee 2021-present
- University City Children's Center, Board of Directors, 2015–2025; Board Secretary and Executive Committee Member, 2016–2025
- Anti-Defamation League, Glass Leadership Institute, Class of 2012-2013
- Louis Hillel at Washington University, Board of Directors, 2012-2014
- Beta Theta Pi Fraternity, District 44 Chief, 2008-2010; Financial Advisor, Alpha lota Chapter, 2007-2008
- AmeriCorps St. Louis, Junior Board Vice President, 2007-2008; Starbright Auction Auctioneer, 2007
- St. Louis Jewish Film Festival, Board of Directors, 2004

Distinctions

- Missouri Lawyers Weekly, POWER List: Employment Law, 2024-2025
 - o Up & Coming Lawyer, 2017
- Best Lawyers in America
 - o Employment Law Management, 2023-2026
 - o Labor Law Management, 2024-2026
 - o Litigation Labor and Employment, 2024-2026
- Missouri and Kansas Super Lawyers, Rising Star, 2014-2021
- The Missouri Bar, Pro Bono Wall of Fame, 2011, 2015, 2017

Memberships

- The Missouri Bar
- Employers Counsel Network
- Human Resource Management Association of St. Louis

Presentations and Publications

- "The Secret Sauce for Drafting Legally Sound Discipline and Termination Docs, National Business Institute (NBI) CLE, August 2025
- "Marijuana Business Operations in Missouri," NBI CLE, June 2025
- "Missouri Human Resource Law 2025," NBI CLE, May 2025