SpencerFane®

Russell Woody

Partner

Contact

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Overview

Russ Woody helps businesses, employers, and other organizations resolve disputes and manage legal challenges so they can protect their interests and remain focused on their objectives.

For more than 20 years, Russ has represented clients in state and federal courts across a broad range of civil litigation matters. His practice includes commercial disputes, labor and employment matters, construction matters, contract claims, tort litigation, and industry-specific disputes. By combining strategic advocacy with practical business judgment, Russ helps clients navigate complex conflicts and pursue effective solutions tailored to their goals.

Not every dispute is best resolved in the courtroom. As a certified mediator, Russ works with parties to identify opportunities for resolution outside of litigation, helping clients evaluate risk, control costs, and achieve practical outcomes when appropriate. His experience as both an advocate and neutral provides valuable perspective throughout the dispute resolution process.

In addition to his legal practice, Russ is an active leader in the legal and civic communities. He serves on the boards of professional and nonprofit organizations and is committed to supporting the development of the legal profession and expanding access to justice throughout Oklahoma.

Education

- Southern Methodist University School of Law (J.D.)
- Washington and Lee University (B.A.)

Bar Admissions

- Oklahoma, 2006
- Texas, 2003

Court Admissions

- U.S. Supreme Court
- U.S. Court of Appeals for the Fifth Circuit
- U.S. Court of Appeals for the Tenth Circuit
- U.S. District Court for the Eastern District of Oklahoma
- U.S. District Court for the Northern District of Oklahoma
- U.S. District Court for the Western District of Oklahoma
- U.S. District Court for the Eastern District of Texas
- U.S. District Court for the Northern District of Texas
- U.S. District Court for the Southern District of Texas
- U.S. District Court for the Western District of Texas

Community Involvement

- Legal Aid Services of Oklahoma, Board of Directors
- Leadership Oklahoma City, Class 31

Distinctions

- *Best Lawyers in America,* 2017-2027
- *Journal Record,* Leadership in Law, 2015

Memberships

- Oklahoma County Bar Association
- Oklahoma County Bar Foundation
- Oklahoma Bar Association, Leadership Academy