SpencerFane®

# Spencer Fane Participates in 2025 St. Louis Biz Dash

Spencer Fane was pleased to support the 10th annual Biz Dash 5K on May 22 in St. Louis. Firm professionals Tim Ahrenhoersterbaeumer, **Jen Berkbigler**, Kate Daus, **Michelle Delaney**, Sherry Dreisewerd, **Rachel Epps**, Elizabeth Felker, Thomas Hayde, **Jessica Holtgrave**, Tom Jerry, **Stephanie Mater**, Megan Meadows, Amy Mistler, **Madelyn Roderick**, Scot Seabaugh, Beth Siemer, Erik Solverud, Ravi Sundara, and **Christy Wilkison** signed up for the event. 2025 Summer Associates **Michelle Bryant**, **Rachel Pickett**, **Jamison Straulin** and 2024 Summer Associates **Ryan Barber**, **Kate Daus, Kaleb Rasmussen** also participated.

The Biz Dash is a corporate run and community gathering that promotes the St. Louis community, inclusion, camaraderie, and a healthy lifestyle. Spencer Fane joined over 250 organizations at Lou Fusz Plaza at Energizer Park to run in the name of employee wellness.

The Biz Dash also benefited the St. Louis Sports Foundation – the 501(c)(3) charitable affiliate of the St. Louis Sports Commission. Through their innovative programming, the Foundation promotes sportsmanship and fosters a culture of kindness, respect, civility, and selflessness and supports the Sports Commission's Olympic Legacy initiative.

View 2025 Biz Dash highlights here.