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## Helen Holden to Present at AZ HR Hub Employment Law Update

Spencer Fane attorney [Helen Holden](#) is a featured speaker for AZ HR Hub's 2024 Employment Law Update on October 30 in Tempe, Arizona.

This half-day workshop will provide critical insights to help labor and employment professionals ensure legal compliance, minimize risk, enhance HR decision-making, improve employee relations, adapt to changing industry trends, and bolster professional development. Attendees will learn how to add value to their businesses as strategic business partners while networking with like-minded individuals, sharing best practices, and gaining insights from seasoned legal thought leaders.

Helen will lead the Navigating FMLA/ADA/Workers' Comp/Sick Pay session. During this presentation, she will assist HR professionals in navigating the complex intersection of the Family and Medical Leave Act (FMLA) and the Americans with Disabilities Act (ADA). Both laws significantly impact the management of employee leave, accommodations, and return-to-work situations. Understanding how these regulations interact is crucial for avoiding legal pitfalls and ensuring employees' rights are protected while balancing organizational needs. Helen will discuss handling common challenges properly, such as determining eligibility, managing intermittent leave, and accommodating disabilities, empowering HR teams to implement compliant and effective leave policies.

At the firm, Helen helps businesses successfully navigate federal and state employment laws to positively impact company culture. Her diverse industry experience and focus on management-side employment law spans construction, real estate, manufacturing, technology, health care, distribution, and the retail and service sectors.