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Helen Holden Offers Advice on FDCC Podcast

Spencer Fane attorney Helen Holden served as a recent guest on the Federation of Defense & Corporate Counsel's (FDCC) podcast, "How FDCC Members Are Getting It Done," during its August 3 episode.

During her conversation with host Valerie Kellner, Helen shared advice on everything from organizing your mornings to avoiding daily distractions. Helen is an active member of the FDCC, and currently serves on its Admissions Committee. Previously, Helen was Chair of the Employment Practices and Workplace Liability Section.

At Spencer Fane, Helen helps businesses understand how successfully navigating the alphabet soup of federal and state employment laws can positively impact company culture. Helen brings over 20 years of experience to her focus on management-side employment law, which is evident in the practical advice and training she provides to management on human resource issues.

The FDCC, composed of recognized leaders in the legal community who have achieved professional distinction, is dedicated to promoting knowledge, fellowship, and professionalism of its members as they pursue the course of a balanced justice system and represent those in need of a defense in civil lawsuits.

Listen to the full episode here.